

WELLNESS & PREVENTION WORKGROUP UPDATE

**MARYLAND HEALTH QUALITY AND COST COUNCIL
SEPTEMBER 13, 2013**

**CHRISTINE R. WRAY, FACHE
PRESIDENT, MEDSTAR ST. MARY'S HOSPITAL
CHAIR, WELLNESS AND PREVENTION WORKGROUP**

AGENDA

- **Welcome and Updates**
 - State Public health Actions to Prevent and Control Diabetes, Heart Disease, Obesity, and Associated Risk Factors and Promote School Health Grant
 - Healthiest Maryland Businesses
 - Maryland Million Hearts

**STATE PUBLIC HEALTH ACTIONS TO PREVENT AND CONTROL DIABETES,
HEART DISEASE, OBESITY, AND ASSOCIATED RISK FACTORS AND
PROMOTE SCHOOL HEALTH GRANT
(THE CHRONIC DISEASE GRANT)**

- Awarded \$1.7 million for both the Basic and Enhanced components
- Five year grant that supports statewide implementation of cross-cutting approaches that address:
 - Obesity, heart disease, stroke, diabetes, and school health
 - Health promotion and prevention
 - Risk factor modification
 - Disease management
- Prioritized strategies outlined in four chronic disease prevention and health promotion domains:
 1. Epidemiology and surveillance
 2. Environmental approaches that promote health
 3. Health system interventions
 4. Clinical-community linkages

DOMAIN STRATEGIES

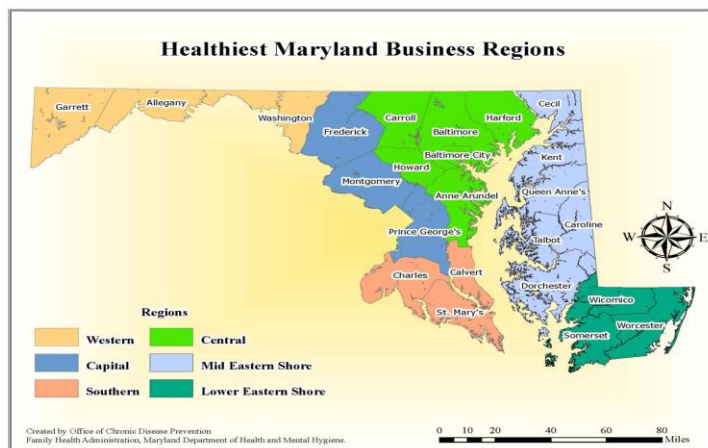
- Domain 1 Strategies: Epidemiology and surveillance (basic component)
- Domain 2 Strategies: Environmental approaches to promote health, and to support or reinforce healthful behaviors (enhanced component)
- Domain 3 Strategies: Health system interventions to improve the effective delivery and use of clinical and other preventive services (enhanced component)
- Domain 4 Strategies: Clinical-community linkages to support cardiovascular disease and diabetes and control efforts and management of chronic disease (enhanced component)

HEALTHIEST MARYLAND BUSINESSES

- Recruitment - 224 businesses, reaching over 270,000 Marylanders
- Completed 6 Regional Forums
- Recognition- HMB participants highlighted at the forums
 - Success Stories
 - Choptank Transport
 - Carefirst BlueCross BlueShield
 - Union Hospital of Cecil County
- Quarterly Newsletter

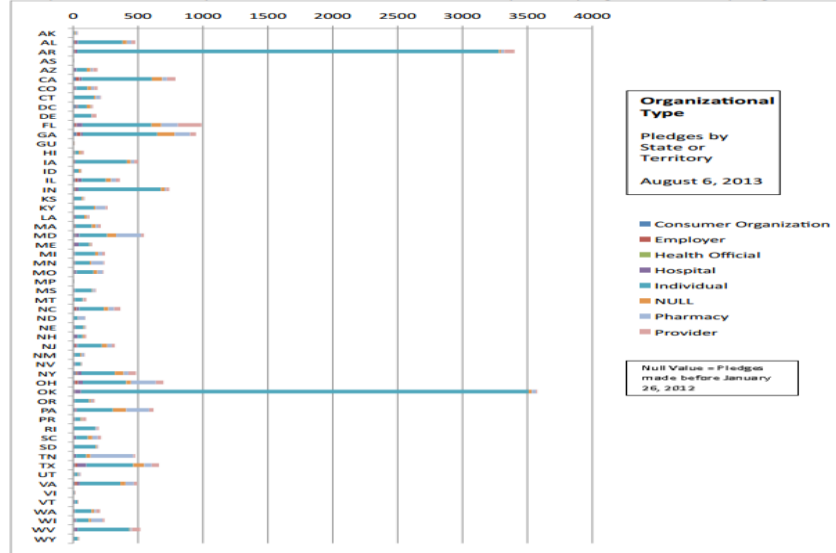
HEALTHIEST MARYLAND BUSINESSES NEXT STEPS

- Regional Approach and Sharing of Resources



MARYLAND MILLION HEARTS PLEDGE MAP

Million Hearts® Pledges by State/Territory and Organizational Type
 *To see how many pledges are in each organizational type, place your cursor over a color on a state's bar graph.
 Example: Series "Pharmacy" Point "FL" Value: 128 = There are 128 pharmacy organizations that pledged in Florida



MARYLAND MILLION HEARTS

- Continue partnership engagement to increase commitment and share resources
 - Disseminate Million Hearts materials and share with chronic disease stakeholders
 - Developed and distributed a monthly Maryland Million Hearts Newsletter
 - Disseminate Million Hearts Success Stories
 - Enhance Maryland Million Hearts website

MARYLAND MILLION HEARTS

- **Medication Therapy Management (MTM): State of Maryland Pilot at State Center**
 - **Goal:** Provide Medication Therapy Management (MTM) and Comprehensive Medication Therapy Management (CMTM) services to eligible state employees beginning in April 2013.
 - As of June 15, 2013:
 - 155 employees have shown interest in receiving services.
 - 31 individuals have received MTM services

CHRISTINE R. WRAY, FACHE

PRESIDENT, MEDSTAR ST. MARY'S HOSPITAL
SENIOR VICE PRESIDENT, MEDSTAR HEALTH
CHAIR, WELLNESS AND PREVENTION
WORKGROUP

christine_wray@smhwecare.com